**Supplementary material 2. Search strategies**

Search strategy for Pubmed (from the inception to February 10, 2017)

Search Query

#1. daikenchuto [Title/Abstract]
#2. dai-kenchu-to [Title/Abstract]
#3. dai-ken-chu-to [Title/Abstract]
#4. DKT [Title/Abstract]
#5. TJ-100 [Title/Abstract]
#6. N100 [Title/Abstract]
#7. TU-100 [Title/Abstract]
#8. #1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7
#9. dai-kenchu-to [Supplementary Concept]
#10. #8 OR #9
#11. random* [Title/Abstract]
#12. "Randomized Controlled Trial" [Publication Type] OR "Randomized Controlled Trials as Topic" [Mesh]
#13. #11 OR #12
#14. #10 AND #13

Search strategy for CENTRAL, The Cochrane Library (from the inception to February 10, 2017)

ID Search

#1. "daikenchuto":ti,ab,kw
#2. "dai-kenchu-to":ti,ab,kw
#3. "dai-ken-chu-to":ti,ab,kw
#4. "DKT":ti,ab,kw
#5. "TJ-100":ti,ab,kw
#6. "N100":ti,ab,kw
#7. "TU-100":ti,ab,kw
#8. #1 or #2 or #3 or #4 or #5 or #6 or #7
#9. random*
#10. "randomized controlled trial":exp
#11. "randomized controlled trial (topic)":exp
#12. #9 or #10 or #11
#13. #8 and #12

Search strategy for Embase (from the inception to February 10, 2017)

#1. 'daikenchuto':ti,ab
#2. 'dai kenchu to':ti,ab
#3. 'dai ken chu to':ti,ab
#4. dkt:ti,ab
#5. 'tj 100':ti,ab
#6. 'n100':ti,ab
#7. 'tu 100':ti,ab
#8. #1 or #2 or #3 or #4 or #5 or #6 or #7
#9. random*
#10. 'randomized controlled trial':exp
#11. 'randomized controlled trial (topic)':exp
#12. #9 or #10 or #11
#13. #8 and #12